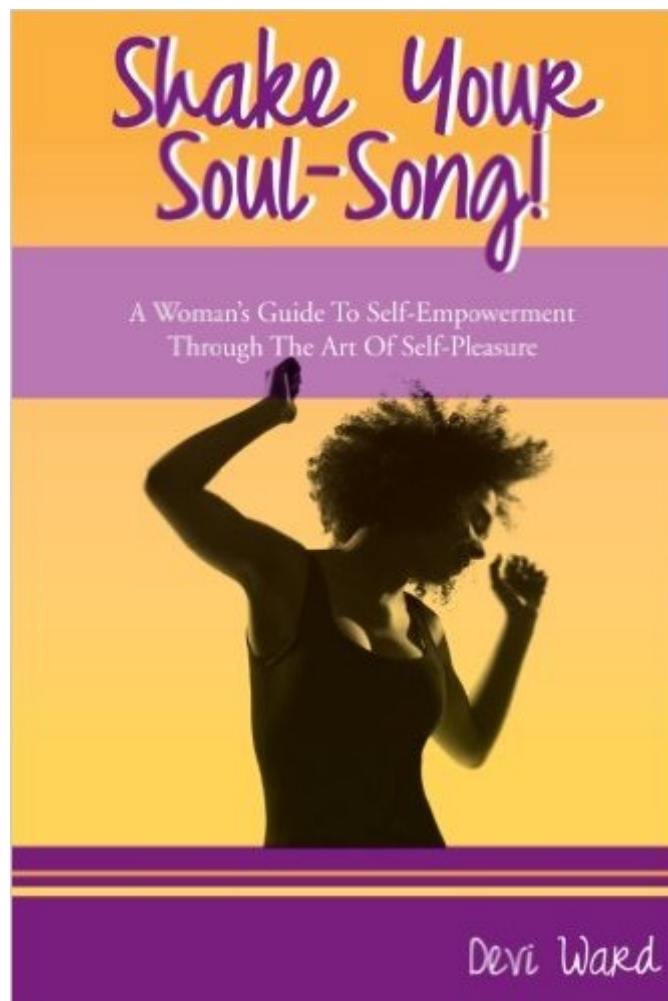


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Shake Your Soul-Song!: A Woman's Guide To Self-Empowerment Through The Art Of Self-Pleasure (Volume 1)



Synopsis

We live in a culture that teaches us to both fear and ignore our sexuality, and repress our sensuality. Women are largely uneducated about their full pleasure-potential, and are discouraged from exploring their own unique style of healthy sensual expression.Â Shake Your Soul-Song presents the idea of using pleasure as a path to self-empowerment and soul connection. By using the methodology of The 4 Principles of Self-Pleasure, each woman will more deeply understand her relationship to The 4 Forms of Pleasure, and how to use them for accessing more of her personal & spiritual potential. Each of The 4 Principles of Self-Pleasure uses practical and fun tools designed to effectively connect, heal, awaken, & transform every woman's heart, body, mind & soul. Shake Your Soul-Song includes authentic and soulful insight into: * The 11 different orgasms for women, what they are and how to activate them for more passion, pleasure, and soul expression.Â * Creating a New "Pleasure Paradigm" with The 4 Principles of Self-Pleasure* The 4 Forms of Pleasure and how to use them for accessing more of your personal potential * The difference between sensuality & sexuality Â * Gratification vs. Pleasure * How cultivating conscious sense-uality can help you experience more presence, passion & connection in all areas of your life * How the Walt Disney Syndrome keeps us disempowered as women & contributes to relational dysfunction between partners * Ancient, powerful tools for transforming your life-experience on a cellular level * The Secret to Sensual Sovereignty Â Includes an effective and enjoyable 'Pleasure Program' for cultivating the ultimate pleasure potential in your everyday life. Also includes a special bonus exercise for cultivating sensual intimacy with your partner. Find out more about Devi Ward's Pleasure Programs at femininemergence.com

Book Information

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Customer Reviews

I had no idea how important this book would be until I read and internalized its content!Devi Ward has a deep understanding of the profound connection between body and soul and she communicates this in an eloquent, yet easy-to-understand, very honest and down-to-earth fashion.As a society, most especially in the US, we are disconnected from our body. The only pleasure connection is through sex which is completely misunderstood. At best, it is something done hastily in the darkness of the bedroom which eventually becomes commonplace and boring and finally stops altogether. At worst, sex is viewed pornographic, shameful or abusive.We have no idea about the deep connection that exists between our body and God. There is a reason babies come from sex. An orgasm is a connection directly to the Divine.When we understand this, sex won't be the same. Our lives won't be the same, but more importantly, we will find a deeper connection with God. Shake Your Soul Song offers a bridge to this profound realization.Buy this book![...]

Length: 2:06 Mins

I recently interviewed Devi Ward for my weekly radio show, After Dark with Ande Lyons - what a remarkable woman - and I absolutely love her book, Shake Your Soul-Song.Devi believes our sexuality is a gateway to the Divine. She invites us to let go of any fear, guilt or shame about our sexual and sensual pleasure and asks us to embrace its wonderful gifts: how being tuned in and turned on sexually keeps us physically, emotionally and spiritually healthy and connected to life.This book will help you fully realize your pleasure potential and bring a deeper, more engaged connection to life!

So I enjoyed this book. I believe it takes a special person to write something that traverses the worlds of sexuality AND spirituality without just sounding like some spaced-out yoyo. There's enough of that out there. So I like spiritual writers who can articulately give practical tools. This is filling a much-needed niche and I enjoyed its pragmatism. Right up my alley.And in a culture where despite all the influence of feminism women's sexuality is still too often a dirty joke or just denied altogether, this is nicely done and needed. It's an affirmation of owning your own body and your own pleasure, which really in the end...is what it's ALL about. Thanks for writing it Devi.

This is a book to snuggle up with, like a best friend. Devi Ward is a beautiful teacher. It is clear she has gone through quite a journey in her own life. She presents ideas and guidelines and exercises based on her Tantric training in Tibet and also in life experiences. Much of this book is very internal and spiritual, with less direct-practical items laid out for the reader. There are some practical, physical exercises described, but this book shares a few stories from Ward's life, and also strategies to go inside and embrace our sacredness instead of stay external to the situation and avoid the holiness. This book is nourishing me. I'd really like to meet this woman. NOTE: I am around halfway through the book as I write this.

Devi Ward is simply amazing! She takes her reader on a journey of understanding self empowerment through self pleasure- with tips and skills work. Finally a book on self pleasure with permission to enjoy! I now have ALL my clients read this book regardless of sexual history. Thank you Devi

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